CHI PSI FRATERNITY
PURSUE LIFELONG EXCELLENCE

SUGGESTED ACTIVITIES AND DISCUSSION TOPICS

ACTIVITIES

- Lunch/coffee meetings in public
- Review CV/resume and/or cover letter and provide feedback
- Schedule an informational interview
- Conduct a mock in-person, phone, and/or video interview
- Develop a 5-year strategic career plan
- Attend an event on campus, such as a signature lecture, concert, or athletic event
- Schedule a day of job shadowing at the mentor's company/organization
- Attend a TED talk together
- Listen to a podcast and discuss the lessons learned
- Attend a conference or industry presentation together
- Review manuscripts, writing samples, and/or grant applications
- Assist with developing portfolios
- Schedule regular professional development opportunities
- Identify and introduce the mentee to additional mentors who could be helpful

DISCUSSION TOPICS

- Discuss research opportunities for undergraduate students
- Discuss the importance of written and verbal communication in the workplace
- Share how to hone one's data literacy skills
- Discuss formative events that were turning points in your career and who/what helped along the way
- Provide advice regarding serving on committees or boards
- Brainstorm ways to stand out during the application and interview process
- Examine strategies and resources for personal and professional development
- Discuss leadership issues and strategies
- Share time management strategies
- Review presentation and public speaking techniques
- Discuss teaching, advising, and relating to coworkers/employees
- Examine and research scholarship opportunities
- Talk through academic interests, including possible graduate school plans
- Discuss, "Where do you see yourself in five years?" Ten years?
- Discuss tutoring and academic support services
- Discuss employment tracks and opportunities available to the mentee
- Share how to use social media in a professional manner
- Talk through work/life balance concerns
- Share what you learned about navigating your graduate studies
- Describe how you prepared for your transition from graduate student to professional